

LAUNCHING
THURSDAY
8TH OCTOBER



DISLEY LIBRARY
1ST THURSDAY OF EVERY
MONTH 10AM - 11:30AM

Good Grief Cafe

*It helps to share our thoughts
about bereavement over a
good cup of tea and a biscuit.*

Come along and share a safe place to talk about
your loss, grief and bereavement. Join with others
that have lived experience.

Open to anyone who has
experienced grief