Let's talk about
LUNG HEALTH
ASTHMA+ LUNG UK
Macclesfield A+LUK Support Group
Is your local Support Group, run by volunteers.
Joining a Support Group could help you manage your lung condition by sharing information and advice, helping you live well, and maybe even reducing the chances of an emergency hospital admission.
We meet on the 1st Thursday of every month at 1.30pm - 3.30pm at the Academy Suite at Macclesfield Leisure Centre, Priory Ln, Macclesfield, SK10 4AF. Everyone's welcome.
For more information contact:
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"I've met so many lovely people, all of us with a common condition – our lungs. I learnt more in the last year about my condition than ever before."