



## JOIN OUR POYNTON COMMUNITY

Help us create a future where every older person in Cheshire has the opportunity to live their best life.

### We Need Volunteers to:

- Befriend lonely older people either in person or on the telephone
- Help in our friendly shop on Park Lane in the heart of Poynton



**CAN YOU HELP?**

Contact Us  
**01606 305015**

[volunteering@ageukcheshire.org.uk](mailto:volunteering@ageukcheshire.org.uk)