



Middlewood Partnership Newsletter

After navigating the ever-difficult winter period, we hope everyone feels a 'spring' in their step from some (slightly!) better weather and lighter evenings!

Meet our new Managing Director

After six successful years at the helm of the Middlewood Partnership, Sheila Williamson has recently stepped away from her role as Managing Director to enjoy new endeavours.

Middlewood Partnership would like to express our sincere thanks to Sheila for all of her hard work and her incredible dedication to our organisation. We wish her tremendous joy as she begins the next chapter of her life.

Taking the reins is our new Managing Director, Andy Brennan, who joined Middlewood in January and worked alongside Sheila for two months to get a full understanding of the organisation.



"I'm delighted and excited to have joined the Middlewood Partnership. It's a privilege to be able to take up one of the best jobs in primary care and build on the considerable progress the organisation has made in making Middlewood an exemplar of delivering quality services to patients."

I'm originally from West Yorkshire and studied, lived and worked in London for 15 years before doing the sensible thing and returning to the north. I have a background in leadership in local government and more recently in primary care and community services within the NHS."

Accessing Middlewood services

We're very pleased to report that **87% of patients** who offered their feedback **'agreed' or 'strongly agreed' that their experience of making an appointment was good** over the winter months.

We thank everyone who offers their feedback and continues to help to refine our services.

Diabetes Seminar coming in April

Diabetes is a serious condition where your blood glucose level is too high. It can happen when your body doesn't produce enough insulin or the insulin it produces isn't effective, and it currently affects over 5-million people in the UK.

With so many causes and symptoms, diabetes requires specialist management and care, and Middlewood have a team of dedicated clinicians to help our patients understand and treat their diabetes.

To share information about the prevention of diabetes and the up-to-date approaches to its management, **Middlewood invites our patients to join a Patient Participation Forum seminar**, presented by our Diabetic Nurse team.

Thursday 25th April 2024

2:00pm - 3:00pm

Poynton Methodist Church (SK12 1RB)



Structured as a general presentation about diabetes care at Middlewood and the wider services across East Cheshire, followed by an open discussion and some time for questions, we hope to see many of you there!

Please note: the clinical team will not be able to respond to individual clinical questions or requests.

No booking is required and short-stay parking outside the Poynton Methodist Church is free of charge.

NHS App or PATCHS support extended

Due to the success of our recent NHS App and PATCHS support sessions, we have committed to a further run of dates in 2024. We want to help our patients get the most out of these tools and are happy to help with any questions or problems.

Date	Time	Location
Weds 03/04/2024	9:00am - 12:00pm	Mcllvride Medical Practice
Weds 10/04/2024	9:00am - 12:00pm	Bollington Medical Centre
Fri 19/04/2024	2:00pm - 6:00pm	The Schoolhouse Surgery
Weds 08/05/2024	9:00am - 12:00pm	Mcllvride Medical Practice
Tues 14/05/2024	1:00pm - 4:00pm	Bollington Medical Centre
Fri 24/05/2024	2:00pm - 6:00pm	The Schoolhouse Surgery
Mon 03/06/2024	10:00am - 2:00pm	Mcllvride Medical Practice
Weds 12/06/2024	9:00am - 12:00pm	Bollington Medical Centre
Tues 18/06/2024	3:00pm - 6:00pm	The Schoolhouse Surgery

If you'd like help with the NHS App or PATCHS, please call the practice and ask to be booked in to one of the support sessions below and we'll be happy to help! Please be aware that **places are limited and must be booked in advance.**

Please bring your device and all relevant passwords with you to the session, as you'll need these to get you set up and/or to access your account.



NHS App & PATCHS - Did you know?

Did you know that accessing the NHS App lets you quickly and easily do all of the following?

- Cancel your unwanted appointments
- Book blood tests
- Order repeat prescriptions
- View test results
- Request Sick (Fit) Notes

PATCHS also offers a great avenue for patients to interact with the practice without needing to wait in call queues.

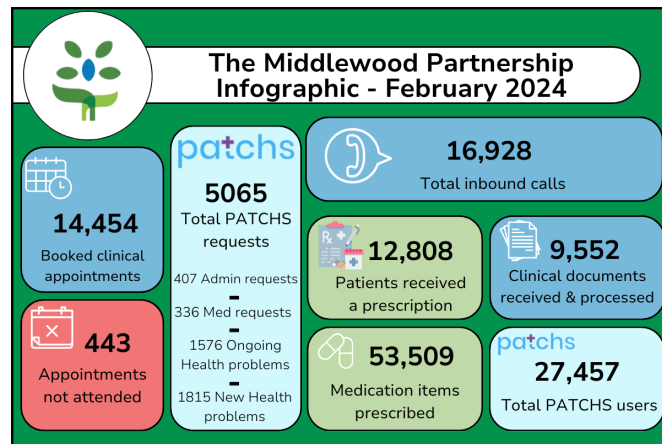
Kooth and Qwell - Mental Health support

The stresses of life can get a little much sometimes.

If you, or someone you know, is suffering with their mental health, the teams at Kooth and Qwell can offer free online support.

Whatever you're feeling, they're here to help.

February Activity



Above is a summary detailing the amount of activity provided by the practice in February 2024. We sincerely appreciate all of your continued patience and support.

Website updates have really clicked!

Recent feedback told us that some patients found our website too tricky or time-consuming to use.

In response, **we've revamped our website,** updating the look so that items are more clear, and streamlined the navigation so that the 'hot topic' items are easier to access.

Additionally, we've made **vast improvements to how the website is accessed on mobile devices** - so it's now much more simple to access help and services on the go!



We're always looking to keep improving our website; you can offer your suggestions by accessing the ['Feedback' section](#) on our website.

Support for young people
www.kooth.com



www.qwell.io

Support for adults