



Long COVID multidisciplinary consortium  
Optimising treatments and services across the NHS

**For more information and to participate in the Locomotion study please contact:**

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or

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Long COVID Multidisciplinary consortium:  
Optimising Treatments and services across  
the NHS (LOCOMOTION)

Investigators: Dr Jordan Mullard and Dr Ghazala  
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Leeds

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**National Institute for  
Health Research**



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## The LOCOMOTION Study

**You might be able to take part in this research project if you:**

- Are over 18 years old.
- Are continuing to have illness symptoms for more than four weeks after having COVID-19.

**AND** any of the following:

- Are on a low income.
- Are Black, Asian, or Minority Ethnic (BAME).
- Have a physical, mental, or intellectual disability.
- Are from the Traveller community.
- Are homeless.



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## The LOCOMOTION Study



**A research study that aims to help people who have continuing difficulties after having Covid-19 to access health, care, and support services more easily.**

If you are still feeling the effects of Covid-19 more than four weeks after being ill and would like to take part in this LOCOMOTION study, please take this leaflet for more information.

### **What is the Locomotion study?**

Many weeks after they were first ill with Covid-19, hundreds of thousands of people still have symptoms and are experiencing difficulties with work or activities of daily living. These long-lasting symptoms are called Long Covid. The Locomotion study aims to produce the best care possible for people with Long Covid by looking at what happens when they receive support from health services across the country. Locomotion will create new care systems and support for people with Long Covid, and check how these are working to create the best care we can.

Locomotion is funded by the National Institute for Health Research and is sponsored by the University of Leeds.

### **What is this research about?**

Locomotion is made up of several small studies. In this study, Dr Mir will find out and understand if certain groups of people are less able to access support and care. Dr Mir is looking for people with Long Covid who have lower incomes, or people who face discrimination in society. The aim is to make recommendations for positive change so everyone can easily get the support they need, regardless of where they live or their background.

### **Will I be reimbursed for taking part?**

If you participate in the study, you will be given £15 for your time. If interviewed by phone or online, we will call you for the interview duration.

### **What will happen if I take part?**

We will invite you to be interviewed for the study at a place of your choice. It can be online or in person. The interview will be for up to one hour and will be audio or video recorded so that we do not miss any details of what you tell us.

Questions will cover your experience of COVID-19, including:

- your symptoms
- any help you tried to find for your health and who supported you
- your use of healthcare services and attitudes towards healthcare support
- your views about Long Covid
- any negative reactions you have had from others
- any things about your experience that made you feel angry, frustrated or emotional

### **What will happen to my data?**

You can find out more about how we use your information by contacting the lead for the study: Dr Ghazala Mir. Participation is voluntary and even if you originally said yes, you may change your mind at a later stage.

### **Will my taking part in the study be kept confidential?**

Only the researchers who deal directly with you will know that you have taken part in this study. The information taken from you as part of the study will be anonymised so that nobody will be able to identify you.

Researchers must make sure they write reports and academic papers about the study in a way that no-one can work out that you took part in the study.

Once they have finished the study, the research team will keep the research data for up to 20 years, in case they need to check it or link it to further studies. You can ask about who will keep it, whether it includes your name, and how long they will keep it.

### **How can I find out more information?**

Please contact Dr Jordan Mullard, who is a Research Fellow working on this study or Dr Ghazala Mir, who is the Principal Investigator for this study. They can provide an information sheet and answer any questions you have. Their contact details are on this leaflet.